

DELTA VIEW SPECIALISED RESIDENTIAL, GERIATRIC BEHAVIOURAL STABILIZATION AND COMPLEX NEURO-PSYCHIATRY PROGRAM DESCRIPTION, TARGET POPULATION AND INCLUSION/EXCLUSION CRITERIA

About the Facility:

Delta View Habilitation Centre provides 71 Specialised Geriatric Tertiary Care beds for Fraser Health. Delta View Habilitation Centre is an 80 bed facility, divided into two 40 bed homes, each further divided into two 20 bed secure neighbourhoods. All bedrooms are singles with adjacent bathrooms. No hallway comes to an end, and there are no limitations to access in the building. The facility is secured with controlled exit numeric key pad doors. All internal hallways are monitored with cameras. All outdoor spaces are secured. Delta View is a non smoking facility however a smoking area on the outside patio is used for those who do smoke. All smoking is supervised.

Program Philosophy:

Delta View's philosophy is based on the "Gentle Care" approach and emphasizes the importance of creating a therapeutic environment that meets the needs of the individual resident. There is a "no physical restraints" policy in place.

Program Staffing:

Interdisciplinary team of nurses, LPN's, care aides, housekeeping, recreation therapists and aides, music therapists, dietary aides, social worker, physiotherapists, pharmacist, geriatric psychiatrists, general practitioners, geriatrician, clinical nurse educator and behavioural psychologist.

DELTA VIEW SPECIALISED RESIDENTIAL (19 beds)

Program Description:

Provision of safe, intensively staffed residential care. Target length of stay: Long stay, including duration of life if required.

Target Population:

Individuals 65 years and over who have a psychiatric illness which may include dementia, male or female, voluntary or involuntary status under the Mental Health Act (Extended Leave) who exhibit significant persistent behaviours that create risk to self or others. As a result of these behaviours or illness, the resident's care needs cannot be met by alternate facilities in the community. Documented failure of placement/s in other mental health or residential care facilities is required.

DELTA VIEW BEHAVIOURAL STABILIZATION (47 beds)

Program Description:

Provision of treatment, care and supportive rehabilitation for those who have complex psychiatric, medical needs and/or behavioural challenges. Target length of stay: up to 18 months. Residents will receive specialised assessment and stabilization and will be relocated to other levels of care within Delta View or other residential facilities or community settings based on clinical improvement/when appropriate.

Target Population:

Individuals 59 years and older with age related psychiatric disorder or younger and assessed as requiring the level of care provided, male or female, voluntary or involuntary status under the Mental Health Act (Extended Leave), may have a Forensic History, may have confounding medical conditions/personality issues or traits or co-occurring disorders, GAF Score generally less than 40. Documented failure of placement/s in other mental health or residential care facilities is required.

DELTA VIEW COMPLEX NEURO PSYCHIATRY (5 beds)

Program Description:

Provision of treatment, care and supportive rehabilitation for those who have a combination of complex neurological disorders, high medical needs, and behavioural challenges. Target length of stay: up to 18 months. Residents will receive specialised assessment and stabilization and will be relocated to other levels of care within Delta View or other residential facilities or community settings based on clinical improvement/when appropriate.

Target Population:

Individuals 55 years and over, male or female, severe intractable primary neuro-psychiatric conditions, GAF generally less than 30, physical disabilities and motor deficits, speech and communication impairments, high physical care needs (1-5 person assists) incontinence, medically complex, may have a Forensic History, may have co-occurring disorders/disabilities. Documented failure of placement/s in other mental health or residential care facilities is required.

SPECIALISED RESIDENTIAL, BEHAVIOURAL STABILIZATION AND COMPLEX NEURO PSYCHIATRY

GENERAL INDICATORS:

Behavioural Challenges:

- Persistent disruptive behaviour
- Inappropriate sexual expressiveness
- Physical aggression
- Refusal of care - non adherence to treatment
- Persistent elopement risk
- Harm to self or others
- Intrusive behaviours

Cognitive Challenges:

- Severely limited attention span
- Loss of memory - short term/long term
- Emotional lability
- Severe disorientation
- Severe communication challenges

Psychiatric Challenges:

- Chronic refractory psychiatric illness
- Agitation/psychomotor retardation related to psychiatric illness.

Medical Challenges:

- Complex medical conditions
- Non-ambulatory
- May require total care

Placement/Discharge Challenges:

- Behaviour and functionality are the two identifying factors in terms of target group, as is a documented history of placement challenges

EXCLUSION CRITERIA:

- Acute psychiatric or medical illness
- Acute unmanageable suicidal behaviour
- Serious chronic medical conditions that require high level medical and nursing care to support life
- Aggressive behaviour that poses a substantial threat to self, other residents or staff
- Fire setting
- Regular use of a seclusion room to manage behaviour
- Unmanageable predatory sexual behaviour

**DELTA VIEW
REFERRAL PACKAGE
For SPECIALISED RESIDENTIAL,
COMPLEX NEURO PSYCHIATRY,
GERIATRIC BEHAVIOUR STABILIZATION**

Referral Process:

- 1.0 All referrals will be made through Community Access which will serve as a Central Intake. Lynn Taylor will receive Delta View referrals (604) 519-8503 - fax (604) 519-8550.
- 2.0 Community Access will be responsible for coordinating the referral application which will then be forwarded to the clinical intake team for review.
- 3.0 Referrals may be initiated by:
 - a) Mental Health
 - b) Acute Care
 - c) Riverview Hospital
 - d) Residential Care, Home and Community Care
- 4.0 Referrals will be reviewed by the Delta View Intake Team. The team will be composed of:
 - a) A Community Mental Health Geriatric Psychiatry Team Representative:
(as per a pre-determined rotation)
 - b) A Psychiatrist consulting to Delta View
 - c) Delta View Representative (minimum two staff, to include SW)
 - d) Community Access
 - e) Manager of Delta Mental Health
 - f) Pharmacist
- 5.0 Intake Team meetings:
 - a) Delta Mental Health Manager will Chair the intake team. Meetings will be called by the Chair on a weekly basis (Wednesdays) or as required to ensure timely response to referrals and appropriate bed utilization.

Referral Information Required:

1.0 Demographic information:

- a) Name, Birth Date, Personal Health Number (PHN), Current Address, LTC Number, LTC Case Manager, Mental Health Case Manager, Next of Kin, Substitute Decision Maker (SDM)

2.0 Consents:

- a) Patient consent to access PharmaNet.

3.0 Geriatric Mental Health assessment and/or psychiatric assessment within the last 3 months

4.0 Completion of rating scales : (attached)

- a) Brief Psychiatric Rating Scale (BPRS)
- b) Cohen Mansfield Agitation Inventory (CMAI)

5.0 Medical Documentation (within last 3 months)

- a) Medical history, physical exam
- b) 12 month history of medications or Chronological Medical Review (CMR)
- c) Relevant lab work within the last three months:
 - > TSH, CBC, Electrolytes, BUN Creatine, EGFR, albumin, calcium
 - > Therapeutic drug levels, urinalysis, electrolytes, fasting blood sugar, HgbA1c
- d) Chest X-ray, Mantu status (within last 12 months) and any other radiological exams

6.0 Completed LTC Form - financial information required (LTC p.6)

7.0 Placement History

8.0 Any other relevant documentation i.e. Care Plan